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DOMAINE DE  
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LES JARDINS ♦ L'ARBORETUM

**SEASON 2021  
PROGRAMME**

**30  
years**



# DOMAINE DE POULAINES

## Manor, gardens, arboretum, vegetable patch & guest houses

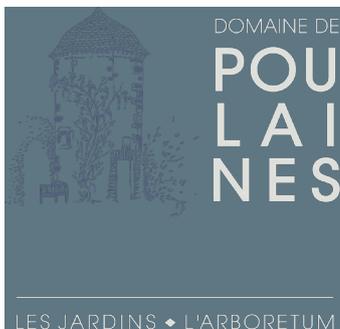
*Located in Berry, between Val de Loire and Sologne, this original and dynamic 25-hectare private estate was acquired 30 years ago. A multi-award-winning garden and proud owner of a green Michelin guide star, Domaine de Poulaines is where Renaissance history and contemporary design meet.*

*Domaine de Poulaines warmly welcomes families and guests to enjoy this creative, delightful estate in the heart of beautiful nature.*

## 30 YEARS ANNIVERSARY !

### PROGRAMM & CALENDAR 2021





# 2021

# GARDENS ARBORETUM GUEST HOUSES

## *OVERVIEW CALENDAR 2021*

**Domaine de Poulaines : surprising gardens & arboretum**

*Enjoy the formal gardens throughout the seasons*

**A new cultural dynamic for "amateurs de jardins" and families**

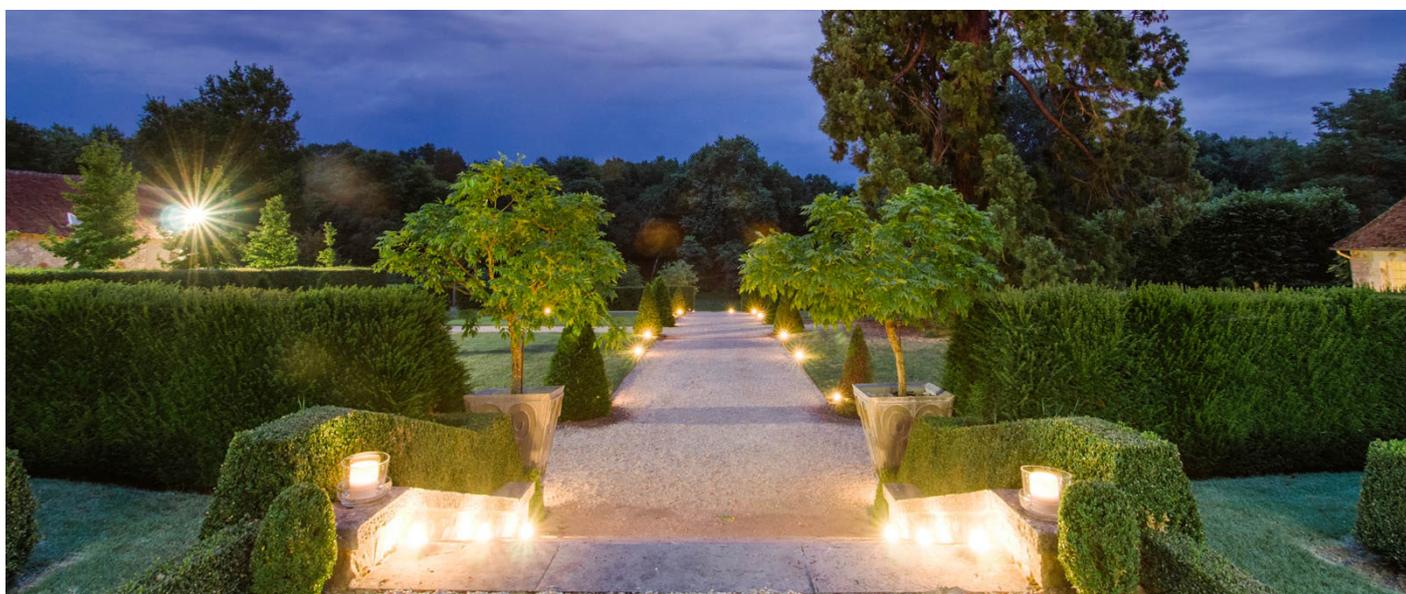
*Routes and guided tours, treasure hunts, entertainment, etc.*

**Cultural events and activities**

**Stay at the Domaine de Poulaines : a french "art de vivre"**

*surrounded by nature*

**Practical information and contacts**



# DOMAINE DE POULAINES : GARDENS & ARBORETUM

*Located in Berry, between Val-de-Loire and Sologne, Domaine de Poulaines was first mentioned in historic archives in 1340. For 30 years, the estate owner, Valérie Esnault, and her family have brought this protected site back to life by restoring the manor with its two residential buildings with Renaissance frames, its sixteenth- and nineteenth-century outbuildings and its seventeenth-century smallholding, while recreating several formal gardens based on descriptions and tree species from the nineteenth century.*

Label Prize "Jardin Remarquable" by the French Ministry of Culture and member of the European Boxwood Society (EBTS), the estate has won numerous awards, including a first entry in the most famous european Michelin Travel Green Guide.

The 25-hectare parkland with its marvellous centuries-old trees and boxwoods comprises formal gardens and an arboretum. As you walk along the estate paths, you'll discover more than 1,500 trees and shrubs, perennials and flowers in its gardens bursting with colour and scent.

For Valérie Esnault, Domaine de Poulaines is the project of a lifetime, giving her the chance to create a space. Passionate about gardening, botany, aesthetics and art de vivre, she pours her heart and soul into this project. Her desire to share, her love for this land and her environmental beliefs resonate far beyond the estate's walls.

Domaine de Poulaines is a mix of history, contemporary creativity, culture and art de vivre in the heart of nature that is both wild and landscaped. Domaine de Poulaines is the ideal place for a day visit or to spend several days thanks to its two charming holiday homes, tea room, shop and estate-grown produce.

*Since 2019, Domaine de Poulaines has taken part in the project "Operation Renaissance(s)". This project aims to showcase the culture, places of interest, cuisine and events linked with the area's cultural heritage promoting new possibilities based on four themes: Heritage and nature; Creation and culture; Art de vivre and cuisine; Science and innovation.*



## **A EXCEPTIONNAL PARK IN FRANCE VEGETABLE : PATCH, FLOWER GARDEN, ORCHARD, ROSE GARDEN, WATER WAYS, ARBORETUM, BAMBOO GARDEN, CENTURY-OLD BOXWOODS, FOUR SEASONS GARDEN...**

*Visitors access the gardens through the smallholding. Here you'll find our flower garden, orchard, vineyard, vegetable patch, as well as the tea room and shop and Nishiki and Rheum holiday homes, which welcome guests.*

**The waterway garden** with its colourful iris and lavender collections.

### **Centuries-old Niwaki boxwoods.**

"Or "the knight's boxes" as they were nicknamed by the villagers. They were planted in memory of a young man from the Brettes family, who was buried in Bourges in 1843. They are found above the Poulain river, behind the large trees, just in front of the Manor house. The opening towards the building is extended each year with our work around the Poulain river.

### **Le Fructiceum.**

This botanical garden, created to showcase different shrubs, hosts around ten hawthorn species. Known for its fruit, the hawthorn has fragrant white flowers, thorny branches and a brown, coppery bark.

### **The arboretum**

This ambitious projet was created in 2009 based on a plan designed in collaboration with gardeners and tree nursery Claudie and Gérard Adeline, inspired by their discoveries on their "botanical travels". You enter passing a hillock that separates it from the bamboo garden. Take the stairs to the top of the hillock for an impressive view over the gardens. Today, the arboretum is home to more than 300 species, including rare, often unknown plants that always spark curiosity.

**The bamboo garden** is located in the ancient pond bed. Ponds were mentioned on acts dating 1340.

### **The vegetable patch and smallholding.**

From its very beginning, Domaine de Poulaines has always been involved in sustainable produce, helping maintain the area's vegetable-growing heritage through the project Union for Genetic Resources of the Centre-Val de Loire.





## Map of manor and gardens

- 1 Outbuildings
- 2 Reception / Shop
- 3 Flower garden
- 4 Lilac trail
- 5 The four cedars
- 6 Vegetable patch / Henhouse
- 7 Camellias
- 8 Meadow / Gate
- 9 Tree house & Gloriette
- 10 Pathway
- 12 Rose garden
- 13 Waterway
- 14 Manor house
- 15 Fruticetum
- 16 Oak trail
- 17 Secret garden
- 18 Cabin trail
- 19 Arboretum
- 20 Bamboo garden
- 21 Large bridge
- 22 The spring garden
- 23 The spring
- 24 The boxwoods
- 25 Little bridge

## A series of gardens all in magnificent colors among the 4 seasons

### Spring

Late daffodils, Allium, Eremurus (foxtail lily), lilies, irises, peonies (shrub then herbaceous), roses, perennials, magnolias, Syringa (lilacs), Cornus florida (flowering dogwoods) and Cornus kousa (kousa dogwoods), Viburnum, Amelanchier (shadbushes), Deutzia, Cladrastis (yellowwoods), Davidia (dove trees), Michelia yunnanensis, Clematis, Chinese and Japanese wisteria. All small fruits.

### Summer

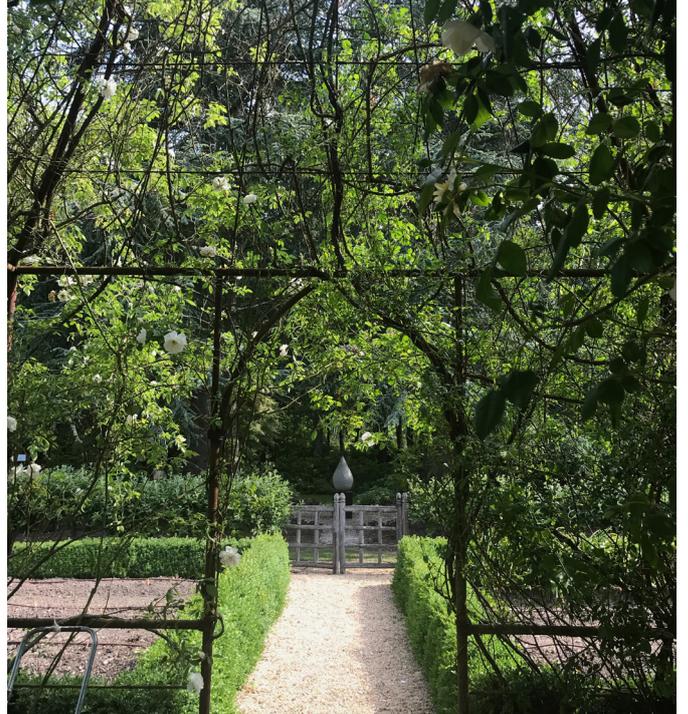
Aromatic herbs and spices, mints, Hemerocallis (daylilies), Crocosmia, lavender, dahlias, Agapanthus, Pontentilla, sage and other perennials, Lierodindrons, Catalpa, Sophora japonica (Japanese pagoda tree), Styrax, Aesculus Parviflora (bottlebrush buckeye), Abelia, Ceanothus, Clerodendron (glorybowers), Indigofera, Itea, Weigela, Hibiscus, Buddleia, Hydrangeas, Vitex, water lilies and lotuses.

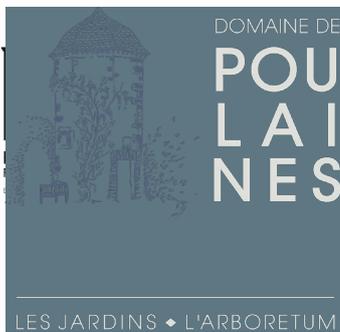
### Fall

The colours of the leaves, maples, Taxodium, Metasequoia (dawn redwoods), Quercus Palustris (pin oaks), Nyssa (tupelo), Carrya, Ginkgo, Parrotia, Stewartia, Euonymus, etc. Sedums, heather, aster, Gramineae (grass), roses, remontants, Eleagnus (silverberry), Osmanthus, Camellia sasanqua. Apples, pears, quince, figs, blueberries, elderberries.

### Winter

Flowering of bulbs on the lawns, flowerbeds and at the foot of the fruit trees. Hellebore, Hamamelis (witch hazel), Edgeworthia (paper bush), Camellia japonica, Sarcococca (sweet box), daphne, Lonicera fragrantissima (winter-flowering honeysuckle), Prunus. Beautiful bark: Betula jacquemontii (Indian paper birch), Nigra, Albosinensis, Acer griseum (paperbark maple), Liquidambar (sweetgum), Salix matsudana (Chinese willow) Conifers: Abies, Calocedrus (incense cedar), Cedrus deodora (deodar cedar), Cedrus libani (Lebanese cedar), Cedrus atlantica (Atlas cedar), Chamaecyparis (cypress), Cryptomeria, Cupressocyparis, Pinus aristata and Parviflora, Sequoia, Tsuga. Coryllus (hazel catkins) and Salix (willows).





# 2021

## CULTURAL EVENTS AND ENTERTAINMENT WITH SOMETHING FOR EVERYONE

*At domaine de Poulaines, Valérie Esnault marries creative landscaping with a passion for gardening and culture, always striving for excellence and preserving the very essence of nature. Renowned artists and craftspeople, landscapers, designers, nursery people, botanists, gardeners, farmers and even comics and poets, all add to the estate's unique character.*



*Nouvelles RenaissanceS : a program with artists to enjoy art de vivre, culture and nature at domaine de Poulaines*

### NEW VISITOR TRAILS

#### Fun, educational and cultural tools to guide you through domaine de Poulaines' 25 hectares

Domaine de Poulaines commissioned Atelier Hespérides to develop several tools to enhance the visitor experience: a guide booklet, information panels about the estate's history and a treasure hunt to encourage smaller visitors to explore the gardens using all five senses.

Explore the vegetable and flower gardens, cabin trail, tree house, gloriette and petting zoo. We have rabbits, chickens, bees, butterflies, bats and you can hear birds, like the Eurasian hoopoe, sing.

#### Marilou Laure

*Marilou Laure's stunning water colours feature for the new branding and information panels of Poulaines.*

This water colour artist has done commissions for the most prestigious international firms in luxury, fashion & gastronomy : Cartier, Fragonard, Pierre Gagnaire, Hermès, etc.). She started working with domaine de Poulaines three years ago to redesign the estate image and provided illustrations for the information new panels created this year.



### JARDIN BOUQUETIER & POULAILLER



> THE FLOWER GARDEN  
& HENHOUSE by Marilou Laure

## FUN FOR ALL THE FAMILY

### Picnic in the domaine & his gardens

At some events visitors are invited to bring their own picnic to share in the gardens with their families, friends and other visitors.

### Two fun trail booklets for parents and children

Discover the gardens and arboretum with two family fun trails designed by Hespérides. Will you be able to uncover the secrets hidden in the garden by resolving 25 questions?

### Participate to the giant colouring mural fresque by landscape sculptor and artist Claude Pasquer.

This 2.30 m x 1.65 m interactive piece pays tribute to the gardeners and their respect for nature. Everyone has the chance to become an artist and get creative with the water markers.

### French garden classic theatre “guignol” renewed by the performance : “The man who planted Trees” based on the novel of Jean Giono (in French).

Production by Stella Serfaty with Omblin de Benque, puppeteer and visual artist, Stella Serfaty actor ; director, François Frapier.

This show received the “TTT” label from the famous cultural Newsmagazine Télérama.

## LOCAL PRODUCE AND CRAFTS

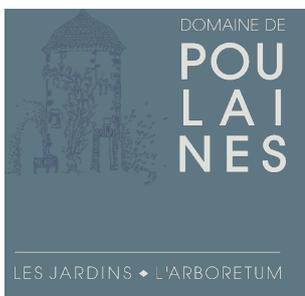
### At domaine de Poulaines, enjoy a feast of estate-grown and local vegetal products.

Sample our estate-grown or local produce dining in at our tea room or to take away. There’s plenty to choose from, including apple juice, jam, honey and pastries.

### Our shop showcases unique, quality pieces by local or renowned artists and craftspeople.

Discover our exclusive range of products made by basket makers, beekeepers, zinc workers, leather and textile craftspeople, milliners, etc.





# 2021

## 2021 EVENTS CALENDAR

### **Saturday 15 May: discovering the world of irises**

Domaine de Poulaines is a member of the iris trail, along with seven parks and gardens in the Centre-Val de Loire region.

- . Reduced admission for adults ( 8) and free for under 12s.
- . From 12 pm: bring your own picnic (advance bookings can be made via our website).
- . 2 pm to 6 pm: question and answer time with the estate owner.

### **Friday 4, Saturday 5 and Sunday 6 June : “Rendez-vous in the Gardens”**

**Event organised by the Ministry of Culture to share knowledge and commemorate World Environment Day on 5 June**

- . New information panels on Domaine de Poulaines' history
- . New visitor trail for the whole family
- . The giant colouring mural by artist Claude Pasquer
- . 6 pm: Theatre performance “the man who planted trees” based on the work of Jean Giono (in French)

### **Sunday 2<sup>nd</sup> July: wellcome to the vegetable patch ! ... the taste of nature**

- . Gardens open at 12 pm
- . Reduced admission for adults (€8) and free for under 12s
- . From 12 pm: bring your own picnic (advance bookings can be made via our website).
- . 3 pm: take a tour of our vegetables, fruit trees and aromatic herbs with our gardening team and sample our produce, which boasts “C du Centre” recognition (event in French).
- . Reduced admission for adults (€8) and free for under 12s.
- . 7.30 pm: bring your own picnic (advance bookings can be made via our website). Maximum capacity: 50 people.

### **“The secrets of Poulaines” July > August**

#### **Sunday 4 > 18 July / 1 > 15 august :**

- . 10.30 am to 12 pm: guided tour by Valérie Esnault, estate owner.
- > Maximum capacity: 20 entries.
- . Admission 15 € fee/person (advance bookings via our website)
- . The gardens and shop will only be open during the morning event and again from 2 pm until 6 pm.

### **“Journées Européennes du Patrimoine“**

#### **European Heritage Days :18- 19 september :**

To celebrate the famous “Journées Européennes du Patrimoine”, domaine de Poulaines opens its doors to its wonderful oasis of lush greenery and history in the heart of a small village in the Berry region.

Valérie Esnault, estate owner, welcomes you to this doors open day and invites you to enjoy her gardens. It is the perfect chance to discover the outstanding design behind this lush oasis nestled in the heart of an estate that has been a working concern since time immemorial. (Programme to be defined).

Opening times: 2 pm-6 pm.

Reduced admission for all: 8 - Under 12s free.

### **Sunday 31 October > autumn colours in the Arboretum :**

- . Gardens open at 12 pm
- . Reduced admission for adults ( 8) and free for under 12s
- . Bring your own picnic (advance bookings can be made via our website).
- . 2 pm to 6 pm: question and answer time with the estate owner.

*In case of bad weather, the picnic will take place in a covered barn.*

# STAY AT DOMAINE DE POULAINES :

## HOLIDAY HOMES, SWIMMING POOL, TENNIS COURT, TEA ROOM...CONTEMPORARY “ART DE VIVRE” SURROUNDED BY NATURE

*Stay at domaine de Poulaines for a couple of nights or a whole week of calm and relaxation. Come alone, with friends or family and savour the sense of time standing still, away from the hustle and bustle of the city and surrounded by peaceful nature. Maisons Rheum and Nishiki offer guests high-end affordable spaces that are homely and practical.*

L Domaine de Poulaines has plenty to offer holiday makers who choose to stay at its cosy cottages.

The holiday homes are decorated with one-off pieces, original works by top designers (Charlotte Perriand, Le Corbusier, Christian Liaigre, Philippe Stark, Garouste & Bonetti, etc.) from design houses and galleries like Avant-Scène, En Attendant les Barbares, etc.

Guests can visit both the gardens and arboretum from April to October and enjoy Domaine de Poulaines throughout the seasons and out of hours: just imagine walking along the frost-bitten path in the first light of a winter's day or enjoying a balmy summer evening in the bamboo garden.

Free use of the heated swimming pool and tennis court for guests.

Gourmet pack upon request: home-made breakfasts and dinners comprising seasonal products grown on the estate or locally.

*Check our rates : <https://www.domaine-poulaines.com/en/in-family/staying-at-poulaines/>*



### MAISON RHEUM

45 m2 | 2-4 guests.

Ground floor, fully equipped open-plan kitchen, lovely living room with sofa bed (140 x 190). Separate WC.

First floor, charming double room (160 cm x 200 cm bed), walk-in wardrobe and en-suite bathroom (shower and toilet). A cot can be provided upon request.

Two private terraces over the garden and at the back of the holiday home.



### MAISON NISHIKI

110 m2 | 4-6 guests.

60 m2 living room with large fully-equipped open-plan kitchen with sofa bed (160 x 190).

One bedroom overlooking the garden with twin beds (which convert into a 180 x 200 bed). Two cots can be provided upon request.

A second bedroom with views over the tree-lined courtyard with a double bed (160 x 190), en-suite shower room and toilet.

Ergonomic desk and chair.

Bathroom – Linen room – Separate WC – Private landscaped garden.

## MAISON RHEUM

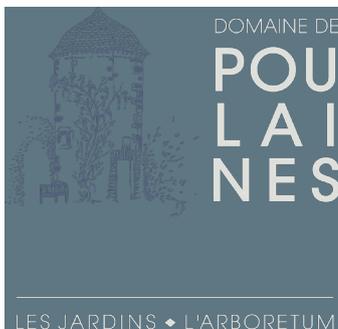


## MAISON NISHIKI



## TENNIS COURT & SWIMMING POOL





# 2019



## PRACTICAL INFORMATIONS & CONTACTS

*Just 2.5 hours from Paris, domaine de Poulaines is close to the châteaux of the Loire Valley. Despite being far from the hustle and bustle of city life, domaine de Poulaines is easy to access.*

### Opening dates

#### . April-May-June and September

. Monday, Tuesday and Wednesday 10 am, 2 pm and 3 pm / close at 5 pm

> Please book via our website

. Thursday, Friday, Saturday, Sunday and public holidays: 2 pm to 6 pm

. **July and August** : open every day from 2 pm to 6 pm

. **Autumn**: every Sunday during october and 1<sup>st</sup> November (All Saints' Day) : 2 pm to 6 pm

. **Other open days** : check the events calendar on our website

. **Free admission to tea room and shop**: thursday, saturday, sunday and public holidays and every day during july and august

. **Adress** : domaine de Poulaines - 11 rue du Château - 36210 Poulaines



Autoroute	A85	Tours	100 km
	A20	Limoges	170 km
	A20 / A71	Paris	250 km
Aéroports		Châteauroux-Centre	35 km
		Tours Centre-Val de Loire	105 km
		Limoges-Bellegarde	175 km
Gares		Châteauroux	45 km
		Vierzon	45 km

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LES JARDINS ♦ L'ARBORETUM

ENTREE  
DU  
JARDIN